

_sh v3.0 400 Khangsar13mm2
_DateStampHasFourDigitYear

\block 001
\ELANBegin 00:00:08.920
\ELANEnd 00:00:11.360
\ELANParticipant SAB
\ut pema unkel ᱦᱚ ᱠᱚ ᱦᱚ ᱠᱚ
\tx
\ft
\ftn

\ftn पेमा उङ्केल, मेरो नाम पेमा उङ्केल (हो)।

\block 002
\ELANBegin 00:00:12.530
\ELANEnd 00:00:15.330
\ELANParticipant SAB
\ut ᱦᱚ ᱚ ᱚ ᱚ ᱚ
\tx
\ft
\ftn मेरो उमेर त्रिचालिस वर्ष।

\block 003
\ELANBegin 00:00:17.680
\ELANEnd 00:00:20.610
\ELANParticipant SAB
\ut putsa tsongo ᱠᱚ ᱠᱚ
\tx
\ft
\ftn पुजा जस्तो माने (अर्थ),

\block 004
\ELANBegin 00:00:20.740
\ELANEnd 00:00:23.730
\ELANParticipant SAB
\ut kuri mani ᱦᱚ ᱠᱚ ᱠᱚ ᱠᱚ
\tx
\ft
\ftn

\ftn अर्को वर्ष मानि गर्ने अनि माने गर्ने।

\block 005
\ELANBegin 00:00:23.890
\ELANEnd 00:00:25.400

\ELANParticipant SAB
\ut t̪aŋtsa mo tiŋi
\tx
\ft
\ftn मानि टाडिसि गर्दै छ अहिले।

\block 006
\ELANBegin 00:00:25.560
\ELANEnd 00:00:27.890
\ELANParticipant SAB
\ut oko ŋiraŋi sipa thenta lakiri hime
\tx
\ft
\ftn

\ftn त्यो चाहिँ भोली पर्सि मर्ने बेलामा काम लाग्छ भनेर रहेछ।

\block 007
\ELANBegin 00:00:27.920
\ELANEnd 00:00:29.140
\ELANParticipant SAB
\ut mani hiki t̪uŋma tshi
\tx
\ft
\ftn मानि छ ओटा छन्, मानि

\block 008
\ELANBegin 00:00:29.140
\ELANEnd 00:00:30.780
\ELANParticipant SAB
\ut tshi t̪hu mo mani tshi t̪hu mo
\tx
\ft
\ftn

\ftn मानि छ ओटा छन्, मानि छ ओटा छन्।

\block 009
\ELANBegin 00:00:30.870
\ELANEnd 00:00:31.880
\ELANParticipant SAB
\ut oko
\tx
\ft
\ftn त्यो

\block 010

\ELANBegin 00:00:32.000
\ELANEnd 00:00:34.320
\ELANParticipant SAB
\ut tiŋi tshʌtsu lagiri agine
\tx
\ft
\ftn

\ftn अहिले यो जुनिको कुरा चाहिँ होईन।

\block 011
\ELANBegin 00:00:34.320
\ELANEnd 00:00:35.510
\ELANParticipant SAB
\ut tshʌ tsi mi lagire ime
\tx
\ft
\ftn अब पछिको लागि रहेछ।

\block 012
\ELANBegin 00:00:35.510
\ELANEnd 00:00:37.010
\ELANParticipant SAB
\ut tshu mani ʈaŋpako
\tx
\ft
\ftn यो मानि जप गरेको चाहिँ

\block 013
\ELANBegin 00:00:37.060
\ELANEnd 00:00:39.510
\ELANParticipant SAB
\ut o maneko ʈowariʈu samtse tēri
\tx
\ft
\ftn

\ftn यो मानि गरेको चाहिँ सबैको लागि (हो)।

\block 014
\ELANBegin 00:00:40.350
\ELANEnd 00:00:42.390
\ELANParticipant SAB
\ut sʌʈʌwa riʈosemtse tē ogotoso njaŋ
\tx
\ft
\ftn सबैको लागि आज (अहिले) हामी

\block 015
\ELANBegin 00:00:42.390
\ELANEnd 00:00:44.300
\ELANParticipant SAB
\ut kewa manipo
\tx
\ft
\ftn घर्म मानिचाहिँ

\block 016
\ELANBegin 00:00:44.800
\ELANEnd 00:00:46.600
\ELANParticipant SAB
\ut tsa tshempu himite maniko
\tx
\ft
\ftn

\ftn मानि चाहिँ निकै ठूलो रहेछ।

\block 017
\ELANBegin 00:00:46.600
\ELANEnd 00:00:48.370
\ELANParticipant SAB
\ut tawariṭu simtse lakire
\tx
\ft
\ftn सबै प्राणिको लागि

\block 018
\ELANBegin 00:00:48.880
\ELANEnd 00:00:51.870
\ELANParticipant SAB
\ut maniko tẽ njaṅ tiji kewako tiji
\tx
\ft
\ftn घर्म चाहिँ अझै रहेछ।

\block 019
\ELANBegin 00:00:52.210
\ELANEnd 00:00:54.320
\ELANParticipant SAB
\ut mi milekore jupa tsam
\tx
\ft
\ftn

\ftn मान्छेको जुनि आउने वित्तिकै

\block 020
\ELANBegin 00:00:54.320
\ELANEnd 00:00:56.260
\ELANParticipant SAB
\ut mi mile kepa tsamkore
\tx
\ft
\ftn

\ftn मान्छेको जुनि आउने वित्तिकै

\block 021
\ELANBegin 00:00:57.080
\ELANEnd 00:00:59.190
\ELANParticipant SAB
\ut mani tanjena kewa tshumpo
\tx
\ft
\ftn

\ftn जप गर्‍यो भने ठूलो धर्म हुन्छ।

\block 022
\ELANBegin 00:00:59.190
\ELANEnd 00:01:01.480
\ELANParticipant SAB
\ut naj tshutshu tshak tshimlak lakire phando tshepa
\tx
\ft
\ftn

\ftn हामी पछिको लागि काम लाग्ने कुरा

\block 023
\ELANBegin 00:01:01.950
\ELANEnd 00:01:04.050
\ELANParticipant SAB
\ut thapa ritu semtse lakere phando tshepa
\tx
\ft
\ftn

\ftn अरु प्राणीहरूको लागि काम लाग्ने।

\block 024
\ELANBegin 00:01:04.510
\ELANEnd 00:01:06.850
\ELANParticipant SAB
\ut hantse tsu kjowa piko mani
\tx
\ft
\ftn यो धर्म भनेको मानि (हो)।

\block 025
\ELANBegin 00:01:06.850
\ELANEnd 00:01:09.280
\ELANParticipant SAB
\ut porte keba tsunjo imi hantse
\tx
\ft
\ftn लैजानेको धर्म चाहिँ रहेछ।

\block 026
\ELANBegin 00:01:10.540
\ELANEnd 00:01:13.320
\ELANParticipant SAB
\ut tiñi u maniko kertse si
\tx
\ft
\ftn

\ftn आज त्यो मानि चाहिँ एक सय ओटा

\block 027
\ELANBegin 00:01:13.900
\ELANEnd 00:01:15.740
\ELANParticipant SAB
\ut tiñi tsoña mani re
\tx
\ft
\ftn आज पन्द्रको मानि

\block 028
\ELANBegin 00:01:15.740
\ELANEnd 00:01:17.860
\ELANParticipant SAB
\ut nira mani tanjore maniko
\tx
\ft
\ftn सात दिनमा गरेको मानि चाहिँ

\block 029
\ELANBegin 00:01:17.880
\ELANEnd 00:01:19.710
\ELANParticipant SAB
\ut terakraṅtse kertstersisi ṭaṅina
\tx
\ft
\ftn

\ftn प्रत्येक दिन एक सय जप गर्यो भने

\block 030
\ELANBegin 00:01:19.920
\ELANEnd 00:01:22.170
\ELANParticipant SAB
\ut tsu tsu tshatsima lakire phanto tshjḷpa
\tx
\ft
\ftn

\ftn अर्को जुनिको लागि काम लाग्छ।

\block 031
\ELANBegin 00:01:22.730
\ELANEnd 00:01:25.330
\ELANParticipant SAB
\ut atse tshatshima kamra ime
\tx
\ft
\ftn

\ftn पछिको लागि (खाना) साँचेर राखेको (रहेछ)।

\block 032
\ELANBegin 00:01:25.890
\ELANEnd 00:01:27.670
\ELANParticipant SAB
\ut hantse tsu tini õ
\tx
\ft
\ftn अनि त्यो आज

\block 033
\ELANBegin 00:01:27.690
\ELANEnd 00:01:29.690

\ELANParticipant SAB
\ut njanti ni tonekore njan
\tx
\ft
\ftn हामी आज सम्म आज

\block 034
\ELANBegin 00:01:29.700
\ELANEnd 00:01:31.160
\ELANParticipant SAB
\ut tikpa kati letse moleka
\tx
\ft
\ftn पाए जति गरे पनि

\block 035
\ELANBegin 00:01:31.260
\ELANEnd 00:01:33.330
\ELANParticipant SAB
\ut kati latsa mole ogo tiji
\tx
\ft
\ftn जति पाए गरे पनि त्यो अहिले

\block 036
\ELANBegin 00:01:33.350
\ELANEnd 00:01:35.700
\ELANParticipant SAB
\ut tini gira mani tshakpa kore
\tx
\ft
\ftn आज सात दिन गरेर बसेकोमा

\block 037
\ELANBegin 00:01:36.160
\ELANEnd 00:01:38.570
\ELANParticipant SAB
\ut tan tan kina tikpa tikpa tapa
\tx
\ft
\ftn

\ftn त्यो मानि गर्थो भने पाए पनि घट्ने,

\block 038
\ELANBegin 00:01:38.700
\ELANEnd 00:01:41.680
\ELANParticipant SAB


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\ut atse uwa towa ri to semtse lakire phanto tshepa  
\tx  
\ft  
\ftn
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\ftn अनि त्यो प्राणीहरूको लागि काम लाग्ने

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\block 039  
\ELANBegin 00:01:42.050  
\ELANEnd 00:01:44.520  
\ELANParticipant SAB  
\ut tsutsu tshatshima lakire phanto tshepa ime  
\tx  
\ft  
\ftn
```

\ftn पछिको लागि काम लाग्ने रहेछ।

```
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Khangsar13MM2.wav  
\ELANMediaMIME audio/x-wav  
\ELANMediaExtracted file:///Users/khildeb/Desktop/KRISTINE/Nepal_NSF/  
Manange_Data/Manange_Discourses_2013/Khangsar/Khangsar13_MM2/  
Khangsar13MM2.mp4  
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Khangsar13MM2.mp4  
\ELANMediaMIME video/*
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