

Letter to My Younger Self



NAME _____

DATE _____

Directions

In this activity, you are going to write a letter to yourself at age 10. In the letter, you're going to make a recommendation about what age you should be when you sign up for and use social media. Your letter should include specific reasons and examples from what you learned today and from your own experiences using social media. Consider the brainstorming questions below before writing your letter.

Brainstorming Questions (Answer as many as are helpful to you.)

1. What do you see as the biggest benefits to using social media? How does it enhance your life?
2. What are your biggest concerns about using social media? What would be most risky for a child?
3. What experiences on social media have shaped your opinions the most? What have been the most memorable, both positive and negative?
4. What do you remember about your 10-year-old self? What were you interested in? What was challenging for you?



