



A Trans-generational Conversation About Mental Health

- 1) What comes to mind when you hear the term “Mental Health”?
- 2) How was Mental Health viewed when you were a teenager?
- 3) Does you or anyone you know deal with difficulty in managing mental health?
- 4) Why do you believe Mental Health is such a relevant topic today?
- 5) What do you believe causes Mental Health issues?
- 6) What actions indicate issues with Mental Health?
- 7) How do you feel when around people with Mental Health issues?
- 8) What do you believe is causing Mental Health issues today?



Additional Questions/Comments: